

## Why Chiropractic Works

Million of people are turning to chiropractic care each day and discovering that there is a way to rid themselves of aches and pains they once thought they would have to live with. Chiropractic works because it relies on the basic law of nature which states: given the opportunity, every living thing has in inborn knowledge to be healthy.

This knowledge is transmitted through the body by the nervous system (brain, spinal cord and nerves) which controls and organizes every function of the body. If the nervous system is interfered with ant any point, then the organs and tissues they control will not work properly.

A major portion of the nervous system passes between the bones of the spinal column called vertebrae. Chiropractic maintains nerve interference most commonly occurs here. If a vertebra moves out of alignment even in the slightest, it can cause pressure to be put upon a portion of the nervous system. We call this a subluxation. Once a subluxation occurs the vertebra becomes locked into the misaligned position, the muscles and ligaments become involved, inflammation, changes in posture, pain and altered nerve function will follow.

The only way to correct this situation is by the chiropractic adjustment. Once this is done you can enjoy comfort and good health.